

## Facials

Most facials include a deep cleansing, exfoliation, extractions, a face and shoulder massage with essential oils for improved circulation, hand and arm massage, a mask and hydration.

### One-Hour Facials

**Cato's Classic Facial** **\$75**  
Customized to treat all skin types. Great facial for regular maintenance and first visits.

**Purifying Oxygenating Facial** **\$80**  
Deep cleansing facial for the treatment of acne, clogged pores and the occasional breakouts.

**Hydrating Facial** **\$75**  
Restore dry, sensitive, dehydrated skin amplified by the Arizona climate. Gentle enzymes are used to reduce dull build-up to reveal healthy skin. Helps calm Rosacea and eczema.

**Ampule Intensive Specialty Mask** **Add \$5**  
**Add \$10**

**The Visible Difference** **\$90**  
Target the signs of aging with this exclusive treatment. Combines the latest in age-rejuvenating technology to improve delivery of active ingredients for immediate visible results.

**The Multi-Layered Brightener** **\$85**  
Brighten and tighten your complexion. Active enzymes, retinol, skin lighteners and rejuvenating peptides are layered to noticeably improve your complexion.

### Ninety-Minute Facials

**Cato's Deluxe Facial** **\$115**  
A stress relieving facial that improves circulation. An exceptional facial treatment which also includes a back facial and full-body brushing. An extensive face and scalp massage is included.

**Cato's Signature Facial** **\$115**  
Recharge with this exclusive head-to-toe energy balancing treatment. A facial designed to deliver a deep state of relaxation. Includes a hot oil head massage and warm stone foot massage.

## Express Facials

**The Mini** **\$45**  
Focuses on the primary issues for those short on time. Ideal for teenagers. (30 min)

**Beautiful Back Facial** **\$55**  
Reveal your back with confidence. Targets blemishes, blackheads and dry itchy skin for those hard to reach areas. (45 min)

## Holistic Facials

These facials put emphasis on a special massage technique, each a truly unique experience.

**Aromatherapy Facial** **\$90**  
Restore and recharge with the power of essential oils. Natural oils and essences have been used throughout history to heal and benefit well-being. Experience the power of nature! (75 min)

**Lymphatic Drainage Facial** **\$90**  
Detoxifying facial using the Dr Vodder technique to promote lymph drainage. Benefit from this facial massage for the treatment of edema, post surgery bruising, and acne. Ideal while on a detox program. (75 min.)

**Ayurvedic Facial** **\$95**  
Decompress and look radiant! Balancing restorative facial for all skin types using natural ingredients in the Ayurvedic tradition. Includes Marma Point face massage and foot treatment. (75 min)

## Enhancements to Facials

Most of these enhancements can be added.

**Peels** **\$10-\$15 each**  
(Can include Enzyme, Glycolic, Lactic, Retinol or Sensi-peel)

**Hydrating Eye Mask** **\$10**  
**Anti-aging Eye Lift** **\$10**  
**Microdermabrasion** **\$35**  
(Combined with a Classic Facial \$110)

## Microdermabrasion

**Cato's Microderm Facial** **\$135**  
So much more than the usual micro treatment. Microdermabrasion combined with a complete facial to target many skin problems. Treatment intensified with corrective boosters for noticeable results. (75 min)

## Chemical Peels

**Chemical Peels** **\$70-\$95**  
A vast array of Chemical Peels to treat very specific skin issues is available. Proven effective for the treatment of hyperpigmentation, melasma, fine lines, acne, sun damage and poor elasticity. Experience a visible improvement. Type of peel, course of treatment, and cost determined at your initial free consultation.

## Body Wraps

**Detox Body Wrap** **\$90**  
This treatment promotes rejuvenation using Chinese herbs and massage to stimulate the body's natural cleansing process. Starts with dry brushing and application of special herbs. A head massage is enjoyed while in a comfortable wrap. Finished with a massage using jade infused lotion. (75 min.)

**Hydrating Body Wrap** **\$90**  
Fine Chinese herbs are used to soothe dry skin. Starts with dry brushing to exfoliate the skin, then a hydrating gel is applied. A head massage is enjoyed while in a soothing wrap. Finished with a massage using jade infused lotion. (75 min)

## Ayurvedic Wellness

These two treatments can be combined for your special needs. Contact me for more info.

**Shirodhara** **\$95**  
A profoundly relaxing treatment in which a soothing stream of warm oil is poured on the forehead. Various ancient Ayurvedic massage techniques are combined to calm the mind and balance the body. (75 min)

**Ayurvedic Facial** **\$95**  
Please see Holistic Facials for description.

## Brow and Lash Tint

Show off your beautiful brows and lashes! For dramatic or subtle definition of the eyes.

|                           |             |
|---------------------------|-------------|
| <b>Brow Tint</b>          | <b>\$18</b> |
| <b>With Brow wax incl</b> | <b>\$35</b> |
| <b>Lash Tint*</b>         | <b>\$23</b> |

\*Please remove contact lenses at the time of service

## Waxing

Do not compromise. I have waxed since 1994 and specialize in ensuring the safety of your skin using imported European wax for great looking results. All waxing performed in the privacy of my room.

### Facial Waxing

|                            |             |
|----------------------------|-------------|
| <b>Brow Design</b>         | <b>\$20</b> |
| <b>Lip</b>                 | <b>\$10</b> |
| <b>Chin</b>                | <b>\$10</b> |
| <b>Brow, Lip and Chin</b>  | <b>\$38</b> |
| <b>Full Face w/o Brow</b>  | <b>\$40</b> |
| <b>Full Face with Brow</b> | <b>\$55</b> |

### Body Waxing\*

|   |                  |
|---|------------------|
| <b>Underarm</b>                               | <b>\$15</b>      |
| <b>Full Arm incl Hands &amp; Fingers</b>      | <b>\$42</b>      |
| <b>Bikini Regular Clean-up*</b>               | <b>\$30</b>      |
| <b>Bikini Thong Line*</b>                     | <b>\$35-\$45</b> |
| <b>Brazilian*</b>                             | <b>\$40-\$50</b> |
| <b>Full Leg incl Toes</b>                     | <b>\$65</b>      |
| <b>Half Leg incl Knees, Toes<br/>Optional</b> | <b>\$45</b>      |
| <b>Full Leg and Bikini*</b>                   | <b>\$85</b>      |
| <b>Full Back</b>                              | <b>\$40-\$50</b> |
| <b>Chest</b>                                  | <b>\$35</b>      |
| <b>Chest and Stomach</b>                      | <b>\$50</b>      |

\*Please observe cleanliness when arriving for waxing services. Service will be refused.

## Specializing In

Facials  
Chemical Peels  
Microdermabrasion  
Waxing  
Body Wraps  
Retail

## Hours

Wed 11-8  
Thu 10-7  
Fri 9-5  
Sat 8-5

## For Appointments

623.243.2235  
[www.catosplace.com](http://www.catosplace.com)



Experience the Difference

## Location

Bloom Salon  
18255 N. 83<sup>rd</sup> Avenue  
Suite B114  
Glendale, AZ 85308



# Cato's

## Face and Body Place

Experience the Difference



## For Appointments

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## Retailer of

Image Skincare  
Skinscript